

A Report on National Service Scheme (N S S)



Extension Activities For Academic Year 2023-24



NSS CELL



MALLA REDDY ENGINEERING COLLEGE

(An UGC Autonomous Institution, Approved by AICTE, New Delhi & Affiliated to JNTU, Hyderabad).
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IIC – Four Star Rating, NIRF Rank Band 201 -250, ARIIA Band Performer,
Maisammaguda(H), Medchal - Malkajgiri District, Secunderabad, Telangana State – 500100, www.mrec.ac.in





**LIST OF NSS EXTENSION ACTIVITIES
2023-24**

S.NO	NAME OF THE ACTIVITY	DATE OF THE ACTIVITY
1	International Yoga Day	21-06-2023
2	Graduation, Alumina, Placement day at MREC	01-07-2023
3	World Paper Bag Day	12-07-2023
4	Haritha Haram	06-08-2023
5	Library Day	12-08-2023
6	Independence Day Celebrations	15-08-2023
7	Raksha Bandhana for soldiers (collected)	28-08-2023
8	Raksha Bandhana for soldiers at Madras Regiment, Bollaram, Secunderabad	30-08-2023
9	Engineer's Day	15-09-2023
10	Eco-Ganesh distribution & Ganesh Festival Celebrations	18-09-2023 & 20-09-2023
11	Ganesh Bucket immersion campaign	20-09-2023
12	World Student Day	15-10-2023
13	Bathukama Celebrations	19-10-2023
14	Rashtriya Ekta Diwas	31-10-2023
15	Constitution Day	26-11-2023
16	World AIDS Day	01-12-2023
17	National Youth Day	12-01-2024
18	Republic Day celebrations	26-01-2024
19	National Road Awareness Day	14-02-2024
20	Mega Blood Donation Camp	26-02-2024
21	NSS Orientation Day	16-03-2024
22	District Level Neighborhood Youth Parliament-2024 at JNTUH	19-03-2024
23	Industrial Visit to NSS volunteers at BHEL, Hyd	28-03-2024
24	Red Ribbon Activities	10-04-2024

D. Reddy
 NSS PO
**NSS - PO
UNIT - I**



[Signature]
PRINCIPAL
 Principal
 Malla Reddy Engineering College
 Maisammaguda, Dhulapally
 (Post Via Kompally), Sec-bad-500100



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1. International Yoga Day-21-06-2023

NSS Unit-I conducted yoga for staff and student in yoga studio at MREC. Dr. A. Rama Swami Reddy principal inaugurated the international yoga day and told the importance of yoga to our health. Yoga master Dr. K. Srinivas Rao who Pursued M.sc in Yoga at Annamalai University (Tamil Nadu) and Physical Director Mr. Kumar Babu educated us some basic asana like padmasana, vajrasana, virabhadrasana etc and their individual pros of doing it daily. Yoga is the gate way of happiness that body needs in daily life. **“We can add years to our life and life to our years just embracing yoga in our life”**. Teaching, non teaching staff and NSS student volunteer performed Yoga postures in the campus under the supervision of the Dr. K. Srinivas Rao Yoga master and Physical Director Mr. Kumar Babu. NSS Programme officer **Dr. D. Raja Reddy** and Student volunteer coordinated the events.



2010年12月25日 星期五
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Translation: Principal Dr. A.Ramaswami Reddy said that yoga is a wonderful solution to prevent various health problems arising due to stress in modern lifestyle. The International Yoga Day was held on Tuesday at Malla Reddy Engineering College - Main Campus in MysammagudaMandal. Speaking on the occasion, **Dr. A. Ramaswami Reddy** said that the nations of the world who have recognized the importance of yoga are eager to learn yoga today and the United Nations has declared June 21 as International Yoga Day. Mentioned that yoga has become more important in the present moment when the world is struggling with corona disease. He also said that incorporating yoga in daily activities is most essential for a healthy life. Many students, faculty and non-faculty members enthusiastically participated in the yoga training program conducted under the supervision of the College Administrator Dr. D.SrinivasRao, College Physical Education faculty members Sri Kumar Babu, College and NSS Programme officer **Dr.D.Raja Reddy** and Student volunteer coordinated the events.



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2. Graduation, Alumina, Placement day at MREC 01-07-2023

On that day our N.S.S unit has organized the auditorium for dignitaries. Every student's families are invited to celebrate their wards achievements. On that day we invited our Special Guest Sri CH MALLA REDDY sir with a marchpast. On this day Principal Dr. Ramaswami Reddy insisted to take pledge Social and Environmental Responsibility students graduating from colleges. Chairmen Ch. Malla Reddy sir and principal Dr. Ramaswami Reddy has inaugurated Graduation, Alumina, Placement day and .On that day after the Graduation Ceremony our N.S.S unit has organized lunch..Our N.S.S unit has coordinated the event and made it a huge success.





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3. World Paper Bag Day -12-07-2023

World Paper bag day is celebrated every year on July 12 to bring awareness among the public on the impact of Plastic usage on the environment. The intention is to promote the usage of paper bags made of renewable materials which are recyclable and biodegradable as against the plastic materials which take thousands of years to perish. The NSS units of MREC conducted the World Paper bag day and made attractive paper bags. Niharika, Gowri Priya and Madhu took the lead role in preparing the paper bags for the occasion with eye catching messages on them. Principal Dr. A. Ramaswami Reddy applauded the efforts of these students. Dean Academics Dr. S. Uday Bhaskar and NSS Coordinator Dr. Raja Reddy Duvvuru.





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4. HarithaHaram at MREC 06-08-2023

Malla Reddy Engineering College, Mysammaguda, Mandal, Haritaharam program conducted under the auspices of National Service Scheme of the college in the main campus. Principal **Dr. A .Ramaswami Reddy** said that trees play a very important role in controlling environmental pollution. **Dr.ARAMASWAMI Reddy** then said that recognizing the importance of trees, the Telangana state government is widely encouraging plantation of saplings across the state through the Haritaharam program. In that spirit, Malla Reddy Engineering College is doing its part to organize the Haritaharam program regularly in the college premises and around the college every year. He said that the environment is constantly being harmed due to the pollution caused by the modern way of life, and trees are the best solution to this problem. Trees are also useful for controlling soil erosion due to floods. He explained that students pursuing engineering education are encouraged to participate widely in such programs with the good intention of informing them of their responsibility towards the society. It has been suggested that every person in the society should grow a plant as their responsibility to increase greenness and help the environment. Principal **Dr.A.Ramaswami Reddy** congratulated the National Service Scheme students who enthusiastically participated in the program. About 150 saplings were planted in this program in which about 50 students participated, National Service Scheme Coordinator of **Dr. Raja Reddy** informed. Deans, Heads of various departments, teaching and non-teaching staff participated in the program.





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5. Library Day: 12/8/2023

The librarians' day was celebrated on 12th of August. It was celebrated on the birth anniversary of Dr. S.R. Ranganathan for his pioneering work in Library science and Information technology. The event was Co-ordinated by Principal Dr. A. Ramaswami Reddy and Programme officer Dr. raja Reddy along with Library Professionals, Library staff and other dignitaries of departments from the institute also participated and shared their word with the Library professionals in proliferation of knowledge through Knowledge Center along with 50 students participated in the event.





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6. 76th years of independence” (76 Independence Day) 15-08-2023





Independence Day celebrations typically refer to the festivities and ceremonies held to commemorate the independence of a country. The nature of these celebrations varies from one country to another, but they often include some common elements. Independence Day celebrations are not only a time to commemorate the past struggles for freedom but also an opportunity to reflect on the nation's progress and renew the commitment to uphold the principles of liberty, democracy, and equality. Each country celebrates its Independence Day with its own unique traditions and customs, reflecting its history, culture, and values.



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7. RakshaBandhana for soldiers 28-08-2023

NSS Unit-I collected Raki from student and staff for RakshaBandhana to soldiers at MREC.





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8. RakshaBandhana for soldiers at Madras Regiment, Bollaram, Secunderabad 30-08-2023

NSS Unit I volunteers along with the Program officer and **Dr Raja Reddy** visited 54 Infantry, Madras Regiment, Bollaram, Secunderabad today to celebrate 'Rakhi for Soldiers'. The enthusiastic girl students of MREC who accompanied this team were jubilant in interacting with the army personnel and tying Rakhi to them on this occasion. These girl students thanked the NSS team and mentioned special thanks to the beloved Principal **Dr. A. Ramaswami Reddy**.







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9. Engineer's Day 15-09-2023

On 15 September 2023, the NSS units of MREC celebrated Engineers Day to commemorate the birth anniversary of the greatest Indian Engineer, Mokshagundam Visvesvaraya by organizing an event to pay rich tributes to Bharat Ratna Visvesvaraya who was regarded as the 'Father of Modern Mysore'. Dr. Rama Swami Reddy Principal told the role of an engineer in the development of society and about the various duties and responsibilities of an engineer. This day is celebrated to honour and acknowledge all engineers who have contributed and still do so to build a modern and developed India. NSS PO Dr. A. Raja Reddy and Student volunteer coordinator the event.





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10. Eco-Ganesh distribution & Ganesh Festival Celebrations -18-09-2023&20-09-2023

Malla Reddy Engineering college had took an initiation to distribute the eco friendly Ganesh idols in on 18 September 2023 by NSS Unit NSS Volunteers made a campaign creating awareness among the students about importance of eco-friendly idols. Principal Dr.A.Rama Swami Reddy has distributed eco-friendly idols to faculties and students. On this occasion NSS volunteers distributed 500 eco-friendly Ganesha idols. NSS PO Dr.D.Raja Reddy and Student volunteer coordinator the event. Eco-Ganesh festival is celebrated in the campus Principal Dr.A.Rama Swami Reddy offer puja and NSS volunteer attended the puja.







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11. Clay Ganesh Bucket immersion campaign 20-09-2023

Clay Ganesh- Bucket immersion campaign was organised by NSS to spread the awareness among students for using Clay Ganesh and proper immersion of the idol in a eco-friendly way. Before the Auspicious day of ganeshchaturthi Principal Dr.A.Rama Swami Reddy and N.S.S P.O and Dr.Rajareddy, NSS student volunteer have distributed clay ganesh idols to the students and were asked to do bucket immersion after the festival. Around 100 students along with staff have participated in the event and made it a grand success.





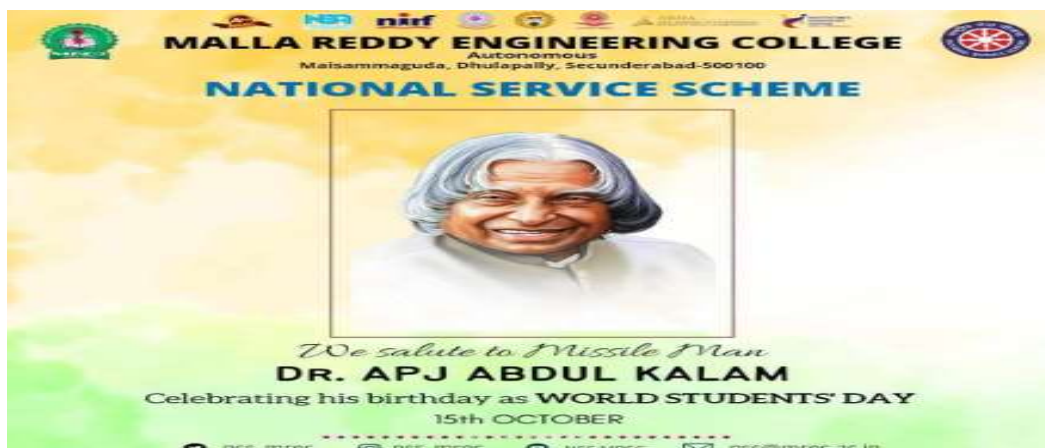
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12. World Student Day 15-10-2023

Every year World Students' Day is celebrated on October 15 across the globe to acknowledge the efforts of former President of India and eminent aerospace scientist Dr APJ Abdul Kalam towards student welfare and education. The theme of World students day 2023 means 'Effort Never Dies.' If you get No as an answer, remember N.O. means 'Next Opportunity', So let's be positive,” he said. This year's theme for World Students' Day is “the transformation of education begins with teachers”.





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13. Bathukama Celebration 19-10-2023

Mrec college Principal Dr.Aramaswami Reddy conducted a bathukamma celebration and students created awareness about telangana tradition and cultural importance. Dr. Raja Reddy NSS PO and all the faculties has made the event grand success.





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14.Rashtriya Ekta Diwas (National Unity Day) 31-10-2023

The National Unity Day or Rashtriya EktaDiwas is celebrated every year on October 31st to commemorate the birth anniversary of India's first Home Minister, Sardar Vallabhbhai Patel. This year will mark the 147th birth anniversary of Sardar Vallabhbhai Patel, who is also known as the Iron Man of India..National Unity Daywas organized by the members of National Service Scheme unit of the college. This event will only carry the message of “Unity in Diversity” but also permeate the youth with values assimilated by the knowledge and respect about the country's diverse legacy. Dr.Ramaswami Reddy Principal and NSS PO Dr Raja Reddy NSSs tudents volunteer throng of activities started with a pledge or oath taking ceremony that embarked the spirit of unity among the fellow students. The following pledge had been taken by the students:

“I solemnly pledge that I dedicate myself to preserve the unity, integrity and security of Nation and also strive hard to spread this message among my fellow countrymen. I take this Pledge in Spirit of unification of my country which was made possible by the vision and actions of late SardarVallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure internal security of my Country”





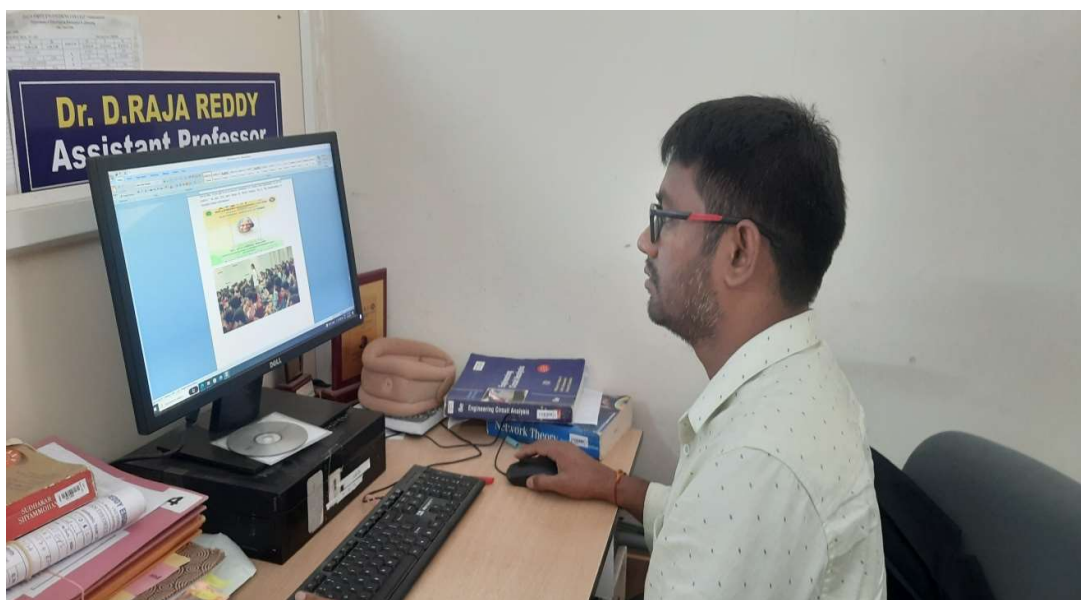
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15. Celebration of Indian Constitution Day

The first Indian constitution came into existence on November 26th, 1949. It was on this day the Indian constituent assembly of India adopted our constitution. Constitution of India is celebrated to commemorate the birth anniversary of Dr. B. R. Ambedkar. To show the significance of the day, mock parliament is conducted in the college as part of the event so that students know the amendments in the Indian Constitution. A total of 160 members participated in the event.





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16. World Aids Day

NSS unit organized a rally to make public aware of HIV/AIDS, drug abuse. The rally started around 3:00 pm from the campus MREC. NSS volunteer and staff used handmade posters, slogans and flex to make the public aware. Dr.A.Ramaswamy Reddy and NSS Programme Officer Dr. Raja Reddy participation in the Aid awareness Rally.





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17. National Youth Day

This event is being celebrated on 12th January every year. It's the birth anniversary of swami Vivekananda. A group of 120 NSS volunteers conducted National Youth Day along with college faculty and other dignitaries coordinated by principal Dr. A. Ramaswamy Reddy and program officer Dr. Raja Reddy.





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18. Republic Day Celebrations

Republic Day celebrations typically refer to the festivities and ceremonies held in countries that observe Republic Day, particularly in India. Republic Day in India is celebrated on January 26th each year to commemorate the day when the Constitution of India came into effect in 1950, replacing the Government of India Act (1935) as the governing document of India. These celebrations not only serve as a reminder of India's democratic values and principles but also evoke a sense of national pride and unity among its citizens. Similar celebrations may occur in other countries that observe Republic Day, each with its unique customs and traditions.







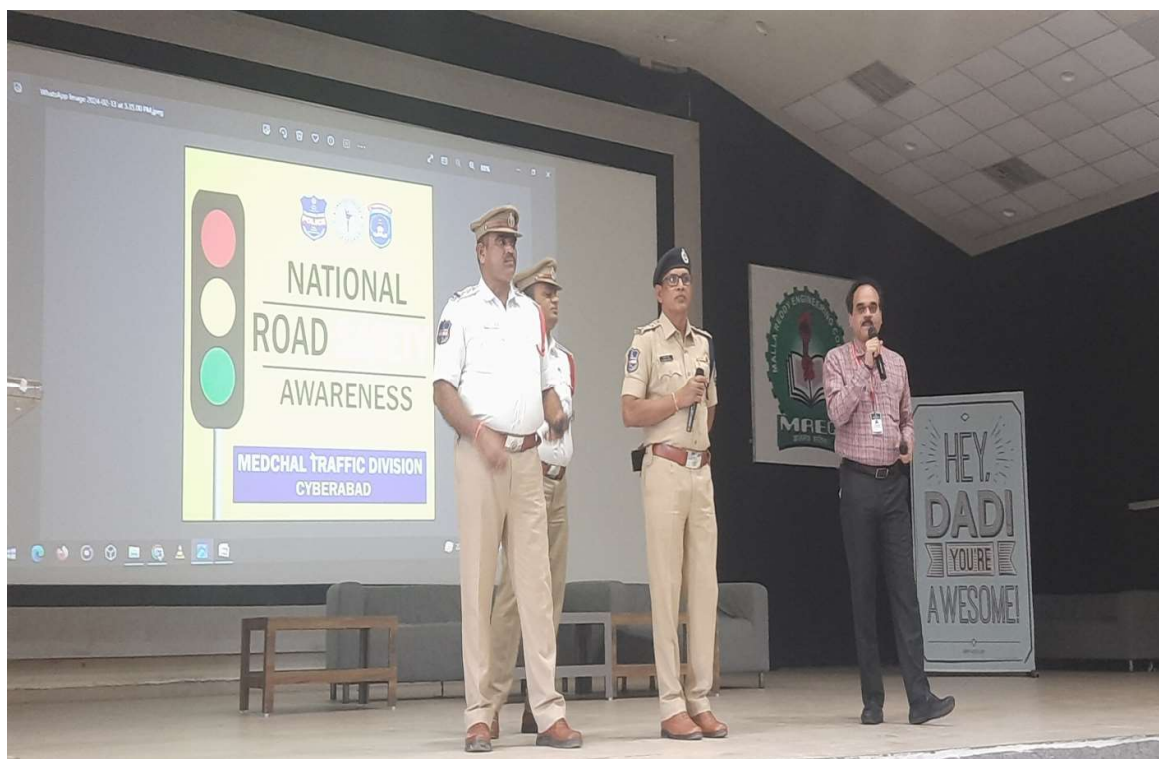
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19. National Road Awareness Day

National Road Safety Awareness refers to initiatives and campaigns aimed at educating and raising awareness among the public about road safety practices and promoting responsible behavior on the roads. These efforts are crucial for reducing road accidents, injuries, and fatalities. By implementing comprehensive road safety awareness programs and adopting a multi-sectoral approach, countries can work towards reducing road accidents and creating safer environments for all road users. In this awareness program our institution principal Dr.A. Ramaswami Reddy, NSS PO Dr. Raja Reddy Duvvuru, Traffic Inspector and other staff are participated.





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20. Mega Blood Donation Camp

A Mega Blood Donation Camp at Malla Reddy Engineering College with collaboration from the Red Cross Society, Hyderabad branch, and with over 500 donors participating is an exemplary initiative that showcases the power of community collaboration in addressing critical healthcare needs. By partnering with the Red Cross Society, Malla Reddy Engineering College demonstrates its commitment to social responsibility and community engagement, while contributing significantly to addressing the ongoing need for blood donations in Hyderabad and beyond. The event was Co-ordinated by Principal Dr. A. Ramaswami Reddy and NSS Programme officer Dr. Raja Reddy along with NSS volunteers.





నమస్తే తెలంగాణ

రక్తదానం ప్రాణదానంతో సమానం

మేడ్చల్, ఫిబ్రవరి 27: రక్తదానం ప్రాణదానంతో సమానమని గుండ్రపోచంపల్లి మున్సిపాలిటీ మైసమ్మగూడలోని మల్లారెడ్డి ఇంజనీరింగ్ కళాశాల మెయిన్ క్యాంపస్ ప్రీన్సిపాల్ డాక్టర్ రామస్వామి రెడ్డి అన్నారు. ఎన్ఎస్ఎస్ ఆధ్వర్యంలో మంగళవారం రెడ్ క్రాస్ సంస్థ సహకారంతో రక్తదాన శిబిరాన్ని నిర్వహించారు. ఈ శిబిరంలో దాదాపు 800 మంది విద్యార్థులు రక్తదానం చేశారు. ఈ కార్యక్రమంలో అధ్యాపక సమ



రక్తదాన శిబిరాన్ని ప్రారంభిస్తున్న ప్రీన్సిపాల్ డాక్టర్ రామస్వామి రెడ్డి

న్వయకర్త డాక్టర్ రాజారెడ్డి, విద్యార్థి సమన్వయకర్త అర్చన పాల్గొన్నారు.



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21.NSS orientation Day

The NSS Orientation Day at Malla Reddy Engineering College, conducted by NSS Program Officer Dr. Raja Reddy Duvvuru, Student Coordinator Archana, NSS volunteers, and esteemed guests including Chief Guest Mrs. E. Udayasri (NSS Program Officer, Indiria Priyadarshini Degree college for women, Nampally) and Institution Principal Dr. A. Ramaswami Reddy, would be a momentous occasion aimed at inspiring and engaging students in community service and social responsibility. By conducting such a comprehensive and inspiring orientation day, Malla Reddy Engineering College reaffirms its commitment to nurturing socially responsible leaders and promoting student engagement in community service for the greater good of society.







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22. District Level Neighborhood Youth Parliament-2024 at JNTUH

The District Level Neighborhood Youth Parliament (DNY Parliament) is an initiative aimed at empowering youth and fostering their engagement in civic affairs. Held at JNTUH (Jawaharlal Nehru Technological University Hyderabad), the DNY Parliament serves as a platform for young people from various neighborhoods within the district to come together, discuss pertinent issues, and propose solutions. By engaging youth in meaningful dialogues and activities, the DNY Parliament contributes to building a more inclusive and participatory society, where the voices of young people are heard and valued in decision-making processes.





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23. Industrial Visit to NSS volunteers at BHEL, Hyd

The industrial visit of MREC NSS students to Bharat Heavy Electricals Limited (BHEL) in Hyderabad would be an enriching and educational experience aimed at providing students with practical insights into industrial processes, technology, and operations.







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24. Red Ribbon Activities

A. HIV/AIDS Rally

A World AIDS Day rally conducted by Malla Reddy Engineering College, involving the Principal, NSS (National Service Scheme) program officer, and NSS volunteers, could be a powerful and impactful event. Here's a detailed outline of how such a rally might be organized:

Preparation and Planning:

Form an organizing committee comprising faculty members, NSS program officer, and student volunteers to plan and coordinate the event. Decide on the rally route, timing, and logistics such as transportation, banners, placards, and first aid arrangements.

Theme Selection:

Choose a theme for the rally that resonates with the college community and aligns with the objectives of World AIDS Day. This could include themes like awareness, prevention, solidarity, or breaking stigma.

Promotion and Awareness:

Utilize college communication channels such as newsletters, social media, and notice boards to promote the rally and raise awareness about HIV/AIDS. Design posters, flyers, and digital graphics to spread information about the event and its significance.

Training and Education:

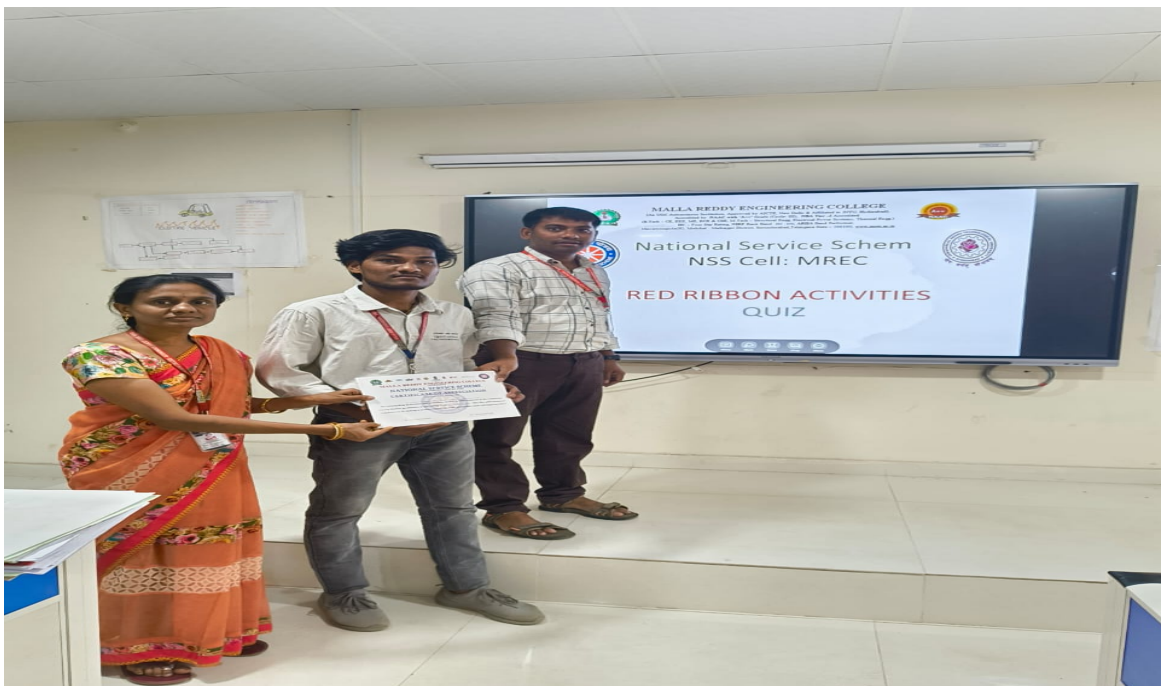
Conduct training sessions for NSS volunteers on HIV/AIDS awareness, prevention methods, stigma reduction, and support services available in the community. Provide educational materials and resources to volunteers to disseminate during the rally.

Community Outreach and Advocacy:

Distribute informational pamphlets, condoms, and other resources to bystanders and community members encountered during the rally. Encourage participants to pledge support for HIV/AIDS advocacy efforts and take action in their own lives to promote safer behaviors and reduce stigma.



B. Quiz Competition



B. Drugs/ Cancer Awareness Rally

Organizing a Drugs/Cancer Awareness Rally with the involvement of the Principal, NSS program officer, and NSS volunteers from Malla Reddy Engineering College can be an effective way to raise awareness, educate the community, and promote healthier lifestyles. Here's a detailed plan for conducting such a rally:

Community Engagement and Needs Assessment:

Collaborate with local community leaders, healthcare providers, and organizations to understand the specific needs and challenges related to cancer awareness and prevention in the village. Conduct surveys or focus group discussions to gather insights into prevalent misconceptions, barriers to accessing healthcare services, and existing knowledge gaps.

Promotion and Outreach:

Use a variety of communication channels to promote the rally within the village, including word-of-mouth, posters, flyers, announcements at local gatherings, and social media platforms if applicable. Leverage existing community networks, such as women's groups, youth clubs, and religious organizations, to amplify outreach efforts and encourage attendance.

Community Action and Follow-Up:

Encourage participants to take concrete actions to promote cancer awareness and prevention within their families and communities, such as scheduling regular check-ups, adopting healthy lifestyle habits, and advocating for access to healthcare services..

Interactive Activities:

Organize interactive activities and demonstrations to engage participants and reinforce key messages about drug awareness and prevention. Offer role-playing scenarios, quizzes, and games to educate participants about the risks associated with substance abuse and ways to resist peer pressure.

Symbolic Gestures and Ceremonies:

Incorporate symbolic gestures into the rally to underscore the importance of community solidarity in combating drug abuse. Consider organizing a candlelight vigil, creating a mural with messages of hope and support, or planting a garden as symbols of commitment to a drug-free community.

